

# REGISTRATION

Drop off or Mail registration form and fee to: Meade Activity Center  
493 Lawrence St, Brandenburg, KY 40108

**\*REGISTRATION DEADLINE:** 2 days prior to start date for all programs (space permitting).  
Registration is accepted on a first-come/first-served basis. Programs will fill quickly, so please register early.

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ M/F: \_\_\_\_\_

Race: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Primary Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

<p>In consideration for being permitted to participate with the Meade Activity Center for any purpose including but not limited to utilization and/or observation of its facilities, services, and programs, without respect to location, the undersigned, for himself or herself and any personal representatives, assigns, heirs, and next of kin hereby agrees to release, waive and discharge the MAC, its directors, officers, Board of Directors, employees, and agents from all liability for any loss or damage to personal property, and/or any claims or demands therefor on account of injury or death of the undersigned. The undersigned agrees that the forgoing Release and waiver of Liability is intended to be as broad and inclusive as is permitted by the law of the Commonwealth of Kentucky. The Undersigned also acknowledges that he/she has both read and voluntarily signed this Release and Waiver of Liability. I have read the Release.</p>		
<p>Name of Participant (Print)</p>	<p>Signature</p>	<p>Parent or Guardian Signature</p>
<p>I give the MAC permission to use my child's photo in promotional literature: _____ Yes _____ No</p>		

\*Family information is needed for our collaboration with the Foundation for a Healthy KY and for future grant opportunities.  
\*Financial Assistance is available for those who qualify, call the MAC Office for details.  
\*Meade Activity Center Members receive a 20% discount on all programs.

- Gymnastics & Cheerleading**
- \_\_\_\_\_ Preschool Tumbling (3-4): \$36/\$45
  - \_\_\_\_\_ Jumpers (5-10): \$36/\$45
  - \_\_\_\_\_ Flippers (5-10): \$36/\$45
  - \_\_\_\_\_ Springers (9-12): \$36/\$45
  - \_\_\_\_\_ Cheer & Dance (7-12): \$36/\$45

- Martial Arts**
- \_\_\_\_\_ Intro to Martial Arts (9-14): \$44/\$55
  - \_\_\_\_\_ Tiny Tigers Taekwondo (5-8): \$44/\$55
  - \_\_\_\_\_ Ladies Self-Defense (13+): \$18/\$30

- Youth Guitar**
- \_\_\_\_\_ Level 1 (8-14): \$44/\$55
  - \_\_\_\_\_ Level 2 (8-14): \$44/\$55

- Golf**
- \_\_\_\_\_ The First Tee (6-9): \$36/\$45 (PLAYer/PAR) circle one
  - \_\_\_\_\_ The First Tee (10-14): \$36/\$45 (PLAYer/PAR) circle one
  - \_\_\_\_\_ PGA Jr. Golf League (9-13): \$135/\$108

**Shirt Size (circle one):** Youth S Youth M Youth L Adult S Adult M Adult L

T-Shirts for all programs excluding The First Tee and Guitar

*Note: All cancellations due to inclement weather will be announced through our website and Facebook.*



PGA Junior League Golf, a proven and innovative program has unveiled the schedule for the 2016 season. The regular season, which features roughly four to seven recreational games for golfers of all abilities depending on league size, may begin as early as April 1 and must conclude by July 31st. League Captains have sole discretion for the scheduling of their games and practices within this time frame.

Upon the completion of the regular season, 10-player all-star teams are assembled, comprised of a combination of players in each league. These all-star teams then compete in sub-regional championships for a chance to earn a spot at one of the eight regionals across the country.



SPRING SESSION 2016

- \*Gymnastics
- \*Cheer & Dance
- \*Martial Arts
- \*Ladies Self-Defense
- \*The First Tee
- \*PGA Jr. Golf League
- \*Youth Guitar

**MAC's MISSION**  
*To promote active lifestyles and a healthy community through education, wellness, and recreation opportunities for all.*

493 Lawrence Street  
Brandenburg, KY 40108  
(270) 422-2227  
(270) 422-7774 FAX  
info@meadeactivitycenter.org  
www.meadeactivitycenter.org

# "At the MAC, We're Serious About Having Fun"

## SPRING GYMNASTICS & CHEERLEADING

### Preschool Tumbling – (Ages 3-4)

Children will learn basic stretching, movements, balance coordination, and beginning tumbling.

**Cost:** \$45.00 (\$36.00 MAC Members)

**Times:** 9:00 a.m. – 9:30 a.m.

**Location:** David T. Wilson Elementary

**Dates:** Saturdays, Apr. 16-May 21

### Jumpers – (Ages 5-10)

In this class children will learn basic stretching, log rolls, forward rolls, backward rolls, basic splits, headstands, into cartwheels, and several types of jumps.

**Cost:** \$45.00 (\$36.00 MAC Members)

**Times:** 9:30 a.m. – 10:15 a.m.

**Location:** David T. Wilson Elementary

**Dates:** Saturdays, Apr. 16-May 21

### Flippers – (Ages 5-10)

Children will build from the Jumpers class and will also learn how to do handstands, bridges, cartwheels, hurdles, handstand rolls, and snap downs.

**Cost:** \$45.00 (\$36.00 MAC Members)

**Times:** 10:15 a.m. – 11:00 a.m.

**Location:** David T. Wilson Elementary

**Dates:** Saturdays, Apr. 16-May 21

## SPRING GYMNASTICS & CHEERLEADING

### Springers – (Ages 9-12)

Children will build from Flippers and will learn cartwheels, round-offs, and back handsprings.

**Cost:** \$45.00 (\$36.00 MAC Members)

**Times:** 10:15 a.m. – 11:00 a.m.

**Location:** David T. Wilson Elementary

**Dates:** Saturdays, Apr. 16-May 21

### Cheer & Dance – (Ages 7-12)

Children will learn basic cheers, jumps, tumbling, and dance used in cheerleading. Participants will build on these skills and perform a routine at the end of each session.

**Cost:** \$45.00 (\$36.00 MAC Members)

**Times:** 11:00 a.m. – 11:45 a.m.

**Location:** David T. Wilson Elementary

**Dates:** Saturdays, Apr. 16-May 21

## SPRING GUITAR

### MAC Youth Guitar (Ages 8-14)

Ever wanted to learn Guitar? Now you can in this exciting guitar program. (Matt McDougal – Instructor)

**Cost:** \$55.00 (\$44.00 MAC Members)

**Times:** Level 1: 5:00 p.m. – 6:00 p.m. Ages 8-14

Level 2: 6:00 p.m. – 7:00 p.m. Ages 8-14

**Location:** MAC

**Dates:** TBA @ Later Date

## SPRING MARTIAL ARTS

### MAC Introduction to Martial Arts - (Ages 8-18)

This class will consist of a wide range of martial arts styles focusing on a variety of basic martial arts techniques including stances, rolls, strikes, blocks, and holds. Students will develop greater focus, self-control, balance, strength, and endurance. All students will be considered a beginner rank in this new curriculum. (Garrett Frank – Instructor)

**Cost:** \$55.00 (\$44.00 MAC Members)

**Times:** 5:30 p.m. – 6:30 p.m. Ages 9-14

**Location:** MAC

**Dates:** Tuesdays, April 12-May 31

### Tiny Tigers Martial Arts – (Ages 5-8 / Grades K-3)

The class curriculum will be a blend of Tae Kwon Do and Shaolin-do martial arts. Students will learn various stances, blocks, kicks and punches while improving their balance, focus, self-control, and coordination. (Lindsey Frank – Instructor)

**Cost:** \$55.00 (\$44.00 MAC Members)

**Times:** 5:00 p.m. – 6:00 p.m.

**Location:** David T. Wilson

**Dates:** Thursdays, April 14-June 2

### Ladies Self-Defense – (Ages 13+)

Participants will learn and practice a variety of martial art techniques used in self-defense. Participants will also increase their situational awareness in a variety of scenarios. (Garrett Frank – Instructor)

**Cost:** \$30.00 (\$18.00 MAC Members)

**Times:** 7:00 p.m. – 8:00 p.m.

**Location:** MAC

**Dates:** Tuesdays, April 12-May 17

## THE FIRST TEE

### The First Tee – (Ages 6-14)

The PLAYER and PAR Level\* programs typically meet for 1 hour sessions. Classes will be held at the River Trace Golf Course. Classes are limited to a small number of participants so sign up well in advance to reserve your spot.

*\*PLAYER is designed for the beginner and PAR is designed for those who have completed three full sessions of the First Tee.*

### Ages 6-9

**Cost:** \$45.00 (\$36.00 MAC Members)

**Times:** 5:00 p.m. – 6:00 p.m.

**Location:** River Trace Golf @ MAC

**Dates:** Thursdays, Apr. 14 – May 26

### Ages 10-14

**Cost:** \$45.00 (\$36.00 MAC Members)

**Times:** 6:00 p.m. – 7:00 p.m.

**Location:** River Trace Golf @ MAC

**Dates:** Thursdays, Apr. 14 – May 26



### PGA Junior Golf League – (Ages 9-13)

League will be formed for ages 9-13. This nationally recognized program have participants playing competitions of 9 holes. Home and away matches will be utilized in this program. (No additional greens fees or additional costs will apply)

### Ages 8-13

**Cost:** \$135.00 (\$108.00 MAC Members)

**Times:** TBA

**Location:** Various

**Dates:** TBA

*Financial Assistance Available to those who qualify. Contact the MAC Office for additional information.*